

Open Hand

WEEKLY CLUB BULLETIN OF ROTARY CLUB CHANDIGARH | ROTARY INTERNATIONAL DISTRICT 3080 | INDIA

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HOME CLUB OF **Rajendra K. Saboo**
ROTARY INTERNATIONAL PRESIDENT
1991-92

Francesco Arezzo
ROTARY INTERNATIONAL PRESIDENT
2025-26

Ravi Prakash
DISTRICT GOVERNOR
RI DISTRICT 3080

Abha Joshi Sharma
CLUB PRESIDENT

Arun Aggarwal
CLUB SECRETARY

Architect Abha Joshi Sharma Installed As Rotary Club Chandigarh's Sixth Woman President

The Rotary Club Chandigarh installed its new team for 2025-26 on July 14 at CII, with Honorable Governor of Punjab Shri Gulab Chand Kataria as the chief guest. The ceremony was attended by distinguished Rotarians, including PRIP Rajendra K Saboo, DG Ravi Prakash, and other esteemed members.

The event began with the students of Bhavan Vidyalaya singing the National Anthem, followed by the lighting of the lamp for divine blessings. PP Charanjit Singh seamlessly conducted the evening as the Master of Ceremonies. IPP Jatinder Kapur gave a heartfelt message, highlighting the unique aspect of Rotary where outgoing Presidents always pass on the baton of service and blessings to the incoming President.

The atmosphere in the room was filled with a positive, impactful, and joyful

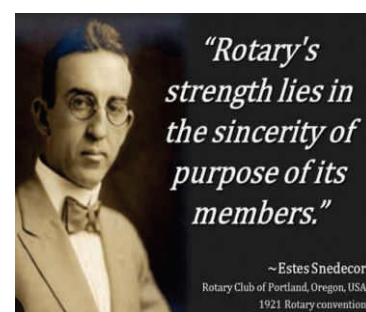


vibrancy. The attendees were visibly excited and enthusiastic about the new team's vision and goals. The energy in the room was palpable, and everyone seemed to be looking forward to the upcoming year with great anticipation.

President Abha Joshi Sharma,

the sixth woman president of the club, outlined her vision for the year. She shared an incident from the 2018 Hamburg Convention, where she understood the importance of growing in the Rotary ladder to serve more and help more people. Her vision includes gifting a Rotary health van to a government medical college, among other initiatives.

The highlight of the evening was the launch of the E-waste project of Rotary Club Chandigarh, 'BeWise', which was inaugurated by His Excellency Governor of Punjab Shri Gulab Chand Kataria. The project aims to create awareness about the proper disposal of electronic waste and promote sustainable practices in the community.



Congratulations to the entire Team for Today's evening so Elegant with The floral ensemble of white flowers and marvellous Support and Team work. Proud of our Club spirit as always. Three cheers to a great successful event. In Gratitude

CONTINUED ON PAGE 2

NEXT MEETING

The Chintan Series-1,
What legacy is the world leaving for tomorrow's generation?
A Colloquium by Children of Club Members on 21st July at Rotary House at 6 pm.

CONTINUED FROM PAGE 1

Architect Abha Joshi Sharma Installed As Rotary Club Chandigarh's...



The Governor praised Rotary's work, especially in polio eradication, and encouraged the club to focus on organ donation and education for underprivileged children. He expressed hope that the club would continue to touch the lives of people in need and make a positive impact in the community.

DG Ravi Prakash highlighted the prestige of the Rotary Club Chandigarh in the district and expressed confidence in the club's continued success under the guidance of PRIP Rajendra K Saboo. PDG Madhukar Malhotra requested PRIP Rajendra K Saboo to bless the incoming team and asked the Governor to honor DG Ravi Prakash and IPP Jatinder Kapur.

The Governor's address emphasized the importance of selfless service and community work. He suggested that the Rotary clubs partner with the Chandigarh administration to make organ donation a mass movement and encourage youth participation in sports and productive activities. He also acknowledged the work done by DG Ravi Prakash, IPP Jatinder Kapur, and wished President Abha J Sharma a successful year.

The event concluded with a vote of



gratitude proposed by PDG Parveen Goyal. The ceremony was attended by DGE Rita Kalra, PDGs, senior Rotarians from the district, and a large number of Rotarians and their spouses from the club. With the Governor's blessing and the team's dedication, the club is set to achieve great things in the coming year. The positive and joyful energy in the room was a testament to the club's commitment to making a difference in the community.

CELEBRATIONS

Birthday Greetings:

18 July	PDG Praveen Chander Goyal	9814143499
18 July	PP Man Mohan Singh Kohli	9814004840
20 July	Rtn Dr. Santosh Gupta	9872043299

Board of Directors 2025-26

President
Abha Joshi Sharma

Past Rotary International President
R.K. Saboo

Past District Governor
Madhukar Malhotra

Past District Governor
Praveen C Goyal

Vice President
Dr. Rajinder Kaur

President Elect
Teena Virk

Immediate Past President
Jatinder Kapur

Secretary
Arun Aggarwal

Treasurer
Baldev Garg

Joint Secretary
Aman Aggarwal

Director Club Service
Prem Mahindru

Director Vocational Service
Lalita Grower

Director Community Service
Dr Bhavneet Bharti
Rosy Katyal

Director International Service
Shuchita Luthra

Director Youth Service
Shivya Sehgal

Director Special Projects
PP Anil Chadda

Sergeant-at-Arms
Nidhi Kapoor

Editor
Sartaj Lamba

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Rtn Jagesh Khaitan

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1 Pint can save 3 lives...Give blood, Give life



A voluntary blood donation camp at Sri Chaitanya Institute, Chandigarh, was held on 14 July, 35 volunteers registered, with 28 donating blood, including Rtn. Dr. Ruchit Uppal. The event was attended by President Rtn. Abha Joshi Sharma, Secretary Rtn. Arun Aggarwal, Rtn Rajinder Kaur, Rtn Rosykatyal other Rotarians. Under the medical

supervision of Rtn. Dr. Manish Rai, the blood collection was carried out by a dedicated team from Blood Centre-37. The camp exemplified community service and humanitarian commitment, furthering the Rotary Club's mission of serving society. The event's success showcased the generosity and spirit of the donors and organizers.



Leading with Light

The Rotary Club Chandigarh's "Leading with Light" Investiture Ceremony for Umeed Interact Club and Sparkles EarlyAct Club was held on July 18. President Abha J Sharma felicitated the newly elected team, celebrating young leaders and kindling the Flame of Hope, symbolizing leadership, collaboration, and service. Rotarians and dignitaries attended, marking a significant step for the clubs' 2025-2026 session.



Mera Basta Meri Shaan



Rotary Club Chandigarh's "Mera Basta Meri Shaan" initiative under the "Nanhe Deepak" project distributed 100 school bags to EWS and underprivileged students at Govt School Khudda Lahora. Sponsored by Bharat Prakarsh Foundation, the event was led by President Abha Sharma, IPP Rtn Jatinder Kapur, PP Neena Singh, and Secretary Arun Aggarwal. The school bags were sponsored by Bharat Prakarsh Foundation of PP Neena Singh. A wonderful example of community service!



DIL SE... SOCHO DHEERE SE



Adspirare : Breathe

In today's busy world, where we have let ourselves be chained by our own schedules, it has become increasingly important that we reduce this need for control, take a pause and breathe. We begin our day gripped by the thought of work that needs to be done, and in that moment, lose the chance to become attuned to our body and mind. We forget that it is we who make our routines, and not our routines that make us. Let us not in our quest for 'success', lose out on the little joys of a slightly unpredictable life, where not every day we live necessary becomes identical to the next.

Thoughts of Rtn Nidhi Kapoor

MEMBERS UPDATE

RAGFP INDIA CHAPTER
INVITES YOU TO MONTHLY MEETING
Calgary Convention Peace Park

Alison Sutherland

AmritPal Singh

Vivek Goyal on
Peacebuilding
and Cultural
Exchange
across Asia

Tuesday 22nd July 2025
7:30 pm IST / 11:30-2:30 pm GMT
Zoom Meeting

Chairperson
Smita Vikhankar

Secretary Kirty
Vadalkar



रोटरी क्लासिक चंडीगढ़ के नवनिर्वाचित अध्यक्ष रोटरीयन वीरेन्द्र कुमार धीमान साथियों के साथ खुशी सांझी करते हुए।
(छाया : कमलजीत सिंह)

रोटरीयन वीरेन्द्र कुमार धीमान रोटरी क्लासिक, चंडीगढ़ के नए अध्यक्ष नियुक्त

चंडीगढ़, 17 जुलाई (विशेष संवाददाता): रोटरी क्लासिक चंडीगढ़ की निवर्तमान अध्यक्ष डॉ. समीरा शर्मा ने सेवा की भावना के साथ अव्यक्त सफल और शानदार कार्यकाल पूरा

PDG Parveen Goyal was the Chief Guest at the installation of Rotary Club Classic.

Rotary Theme Month

Maternal and Child Health Care Milk of Kindness

A heartfelt poem highlights the importance of human milk banks and Rotary's role in supporting this noble cause. A mother's generous donation of breast milk can be a lifeline for premature babies in need. The poem explores the four Rotary test questions:

1. Is it the TRUTH? Her milk can save lives.
2. Is it FAIR? Giving benefits both mother and child.
3. Will it build GOODWILL and FRIENDSHIP? Yes, through kindness.
4. Is it BENEFICIAL? Restoring health, saving lives.

This initiative embodies Rotary's values, showcasing the impact of



selfless acts and community service. The "Milk of Kindness" theme resonates deeply, emphasizing the value of generosity and compassion in improving maternal and child health care.

We are sure readers would resonate with the ethics of Rotary and this project of Rotary Club of Chandigarh

Updates by Director Community Service
Rtn Dr Bhavneet Bharti

Know your Rotary



Core Mission

To provide humanitarian service, encourage high ethical standards, and help build peace and goodwill worldwide.

The Object of Rotary :

Is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular to encourage and foster:

- The development of acquaintance as an opportunity for service
- High ethical standards in business and professions; the recognition of worthiness of all useful occupations; and the dignifying by each Rotarian of his or her occupation as an opportunity to serve society
- The application of the ideal of service by every Rotarian to their personal, business, and community life
- The advancement of international understanding, goodwill, and peace through a world fellowship and professional persons united in the ideal of service

...contd
(From Family of RC what's app group)

Media Coverage

04 Punjab Express
CHANDIGARH, WEDNESDAY, JULY 19, 2023

Rotarians are partners in development, says Punjab Governor

AS PRADHAN
PUNJAB EXPRESS BUREAU
Chandigarh, July 19

Governor of Punjab Gurbhag Singh Chahal, inaugurated the Rotary Club of Chandigarh's civic management project on July 19.

Speaking on the occasion, he commended Rotarians for responding to the needs of the society and acting as partners in the progress and development of the society, he said. He said that Rotary is

HIGHLIGHTS

- RTN ABHA JOSHI SHARMA IS THE NEW ROTARY CLUB

रोटरी हार्ट सोसिटी रोटरी क्लब ने सित उलाह और प्रेम सेवक के साथ वन महोत्सव और अलंकरण समारोह मनाया

चंडीगढ़, 19 जुलाई: रोटरी क्लब ऑफ चंडीगढ़ के अध्यक्ष रीतन अम्बा जोशी शर्मा ने सोमवार को वन महोत्सव और अलंकरण समारोह में भाग लिया। वे अपने पति के साथ-साथ अपने दो बच्चों के साथ भी आए थे।

इस अवसर पर, रोटरी क्लब के सदस्यों ने वन में अलंकरण किया और वृक्षों को पानी पिलाया। रीतन अम्बा जोशी शर्मा ने कहा कि रोटरी क्लब का उद्देश्य है कि हम अपने समुदाय को बेहतर बनाने में मदद करें।

रोटरी वलख चंडीगढ़ ने को ई-वेस्ट प्रबंधन प्रोजेक्ट बीवाइज की शुरुआत समाज की जरूरतों को समझकर विकास में भागीदार बनते हैं रोटेरियन: कटारिया

चंडीगढ़, 19 जुलाई: रोटरी क्लब ऑफ चंडीगढ़ के अध्यक्ष रीतन अम्बा जोशी शर्मा ने सोमवार को वलख चंडीगढ़ के ई-वेस्ट प्रबंधन प्रोजेक्ट की शुरुआत की।

इस अवसर पर, रोटरी क्लब के सदस्यों ने वलख चंडीगढ़ के ई-वेस्ट प्रबंधन प्रोजेक्ट की शुरुआत की। रीतन अम्बा जोशी शर्मा ने कहा कि रोटरी क्लब का उद्देश्य है कि हम अपने समुदाय को बेहतर बनाने में मदद करें।

COMMUNITY SERVICE

WINS and MHM sessions have also started in our various Schools by Rtn. Manjula and Team.

